# Andragogy

## The method and practice of teaching adult learners.

### Malcolm Shepherd Knowles (1913-1997)

Was an American adult educator, who developed the theory of Andragogy — a term initially coined by the German teacher Alexander Kapp.

Andragogy is commonly defined as the art or science of teaching adults or helping adults learn, in contrast to pedagogy, or the teaching of children.



### **Principles**



- Involvement: adult learners need to be involved in the planing of the course, based on their specific needs.
- Concrete experience: the learning experience should focus on solving specific problems faced by the learner.
- Cooperation: Learners and facilitators should both mutually learn and benefit from each other knowledge.
- Constant evolution: thanks to feedback by the learners, the facilitators constantly analyze, refine and modify the training materials

#### **In Instructional Design**

Andragogy is a central theory of instructional design. It allows us to understand how learning works in the mind of an adult, in a non-formal context, where learners are motivated adults who seek meaningful learning for their personal and working lives.

#### **Strenghts**

- The focal point is the acquisition of practical skills that can be immediately used in daily life, personal or work. Intrinsic motivation is therefore very high.
- Learners are at the heart
   of the learning process,
   and are involved from the
   planning to the
   assessment phase. The
   needs and requirements
   of the learners are met.

#### **Limitations**

Adults are not always
more intrinsically
motivated and this can be
misleading. Furthermore,
not all topics can always
have an immediate
practical impact for
students, in fact, there are
many situations where
adult learners do not feel
intrinsically motivated or
solve real-world problems
through their learning.

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